

Lyvennet Link

Number 205

December 2020

**The Newsletter for Maulds
Meaburn,
Crosby Ravensworth,
Kings Meaburn and Reagill**



LYVENNET LINK

Next Issue - 1st February 2021 Copy deadline 25th January 2021

c/o Nick Thomas, Brackenslack Cottage, Maulds Meaburn. Tel. 01931 715 010

e-mail: nickthomas@macace.net

The views expressed in this newsletter are not necessarily those of the editor, the Parish Council or MMVI. The right to edit any contributions is reserved and inclusion is subject to available space. Articles and contributions etc., would be appreciated preferably by e-mail nickthomas@macace.net. Please send items as either text in the body of the email or as a word document. (apple-mac files acceptable)

Please do not send Microsoft publisher documents as I am unable to open them.

Text as an image file (e.g. a scanned document or photographed page) is not acceptable.

This edition is going out just prior to the second lockdown and therefore you should check whether some of the information still applies - obviously the pub is likely to provide a take-away service only and air ambulance collections were not made during the first lockdown.

This edition is being sent out as an email.

It has been kindly distributed by Darren and Sarah Rogers and Kitty Smith. Their contact lists will not reach everybody, so please feel free to distribute this as you wish.

If you are not on any of these lists and would like to be please email me at the email address above.

Welcome to the December edition of the Link.

Again, this Link is only being sent out via email. I have no plans currently to move back to producing a printed version, though I am open to comments about this.

There are a very limited number of printed versions in the village shelters but please do not take one of these if you have access to a digital version.

Many thanks to all contributors and again to Darren Rogers and Kitty Smith for distributing the Link through their contact lists.

Wishing everyone a safe and Happy Christmas and New Year.

Nick Thomas.



Christmas 2020



Could you contribute to a village (both Maulds Meaburn and Crosby) effort to support local foodbanks[†] ?

Covid has generated a big increase in demand on them so we thought it would be a neighbourly and fun, Christmassy thing to organise a **Reverse Advent Calendar** ('reverse' in the sense that you give something

instead of take something).

Look out for a wooden advent calendar and a plastic crate in each bus shelter. There will be a list of suggested items (as recommended by the foodbanks) for each day of the calendar for you to donate. Pop your donation in the crate (which will be collected every other day and delivered to foodbanks twice a week) and a card noting what you've given in the relevant drawer of the calendar. It would be nice if you put your name on the card – so we can celebrate our donors – but anonymous is OK too.

Philippa Cordingley
(01931 715886)

Alison Fallon
(01931 715607)

[†] Appleby Foodbank now have much more storage space which increases the donations they can cope with





OUR REVERSE ADVENT CALENDAR WISH LIST

Tuesday 1 st	Tea bags/ full fat/semi skimmed UHT)/Biscuits
Wednesday 2 nd	Cereals/Porridge (medium sized boxes)
Thursday 3 rd	Tinned Fruit/Tinned vegetables
Friday 4 th	Tins of soup/Pasta
Saturday 5 th	<i>Anything from the list for other days</i>
Sunday 6 th	Small boxes of edible Festive treats (long best before date)
Monday 7 th	Coffee/biscuits/ Sugar (small bag)/ / Fruit squash (1 ltr)
Tuesday 8 th	Hot chocolate drink / Powdered Custard /
Wednesday 9 th	Tins of baked beans/spaghetti hoops (or similar)
Thursday 10 th	Pasta sauces (jars/sachets) / Tinned tomatoes
Friday 11 th	Tinned meat /Tinned fish/ toothpaste/ shower gel
Saturday 12 th	<i>Anything from the list for other days</i>
Sunday 13 th	Festive Treats (with long best before date)
Monday 14 th	Tinned puddings/Long life cartons of fruit juice
Tuesday 15 th	Condiments (Tomato /brown sauce etc)/Gravy granules
Wednesday 16 th	Cereals/Tinned vegetables
Thursday 17 th	Snack bars/Tins of soup/ toothpaste, shower gel
Friday 18 th	Tinned meat/Tinned fish
Saturday 19 th	<i>Anything from the list for other days</i>
Sunday 20 th	Festive Treats (with long best before date)
Monday 21 st	Pasta/Pasta sauces/ Instant mash potato
Tuesday 22 nd	Milk (1 ltr full fat/semi skimmed UHT)/ Fruit squash
Wednesday 23 rd	Instant noodles/Tins of baked beans/spaghetti hoops etc
Thursday 24 th	Small boxes of edible Festive treats (long best before date)

Thank you.

CROSBY RAVENSWORTH AND MUALDS MEABURN CHRISTMAS WINDOWS

As we all know, Christmas is going to be very different this year. With that in mind, we have come up with.....

“CHRISTMAS WINDOWS”

The idea is, that you decorate your window or make a display in your garden for people to see as they walk round our villages.

It can have any theme you wish.

The displays would need to be ready by Friday 18th December.

Similar to “Open Gardens” a list of participating houses will be drawn up and printed, copies of which will be able to collect from the village shelters for 50p each.

If you would like to be added to the list, the more the merrier, please contact:

Karen Winder 01931 715002 (CR)

Sarah Rogers 01931 715575 (MM)



WIN A WELL FED CHRISTMAS CAKE

At this time of year, as many of you know, I am usually selling numbered squares at £1 each to give you the chance to win a homemade well fed Christmas cake, the proceeds raised going to school funds to enable extra curricular activities to take place thereby enhancing the children's Crosby school experience. Well of course this Christmas, there are no large social gatherings for me to harass (in a nice way) people at, and school's fundraising activities have been curtailed this year due to COVID. So I have come up with another way of raffling the cake, as there is no way I can get through 4 Christmas cakes!! I need to find this one a home.

In each shelter in CR and MM you will find a covered shoe box clearly marked 'WIN A XMAS CAKE'. There will be some brown small packet envelopes alongside it, or use an envelope from home if you prefer. Just write your name and telephone number/address on the front, put your £1 inside and then put the envelope in the box (by 5pm on 18th December). The envelopes will be collected in and the winning name drawn on 20th December just in time for you to cut a slice and leave it out for Santa.

THANK YOU FOR YOUR SUPPORT

Sarah Rogers (715575)



AIR AMBULANCE COLLECTION

WED 2ND DECEMBER

WED 14TH JANUARY

WED 9TH FEBRUARY

**ITEMS COLLECTED ARE, CLOTHES, BEDDING,
SHOES,BELTS, TOWELS,HANDBAGS, COSTUME
JEWELLERY, BOOKS HARD & SOFT
BACK,CDS,DVDS,INK JET CARTRIDGES,MOBILE
PHONES, USED STAMPS IN A CLEAR BAG.**

NO DUVETS, PILLOWS OR BRIC A BRAC

USE ANY BAGS YOU HAVE FOR ITEMS

**PLEASE LEAVE BAGS ON THE FLOOR FOR
COLLECTION. Items to be left before 9am on the
day.**

INFO KITTY 01931-715375 EMAIL

kitty.s65@btinternet.com

The Butchers Arms Community Pub New Menu

Jon & Katie would like to thank you for your Continued support.
Please see the website for opening times & further information.
www.thebutcherscrosby.co.uk



Takeaway Menu

Week Commencing Wednesday 2nd December 2020

Please place orders by ringing us on 01931 715500

OPENING HOURS

Monday/Tuesday	Closed
Wednesday/Thursday/Friday/Saturday	4pm - 7.30pm
Sunday - (roasts available)	12pm - 7pm

MENU

12" Pizza (gfr) - Margarita (v)	£10
- Veggie Feast (v)	£10
- Meat Feast	£10
- Spinach + Garlic Mushroom	£10
- Ham + Mushroom	£10
- Cajun Chicken, Soured Cream	£10
Fish, Chips + Mushy Peas, Tartare (gfr)	£10
Cumberland Sausage, Mash, Peas, Red Onion Gravy	£10
Sweet + Sour Chicken, Fried Rice, Prawn Crackers (gfr)	£10
Butchers Big Mac, Fries	£10
12oz Gammon Steak, Pineapple, Dripping Chips, Peas	£10
Fish Pie, Cheddar Mash, Buttered Greens,	£10
Garlic Mushroom, Spinach + White Onion Pasta Bake,	£10
Parmesan Crumb (v)	
Beef Stew, Herb Dumplings, Braised Red Cabbage	£10
Beef Madras, Fragrant Rice, Mango, Naan (gfr)	£10
Salt + Pepper Pork Ribs, Slaw, Fries	£10
Thai Prawn Stir-Fry, Egg Noodles, Honey, Chilli	£10

(gfr) - Gluten Free On Request (v) - Vegetarian



Sides - Skinny Fries / Dripping Chips / Slaw	£2
Garlic Bread Pizza with Cheese	£5
Kids Pizza (choose from above)	£6
Chicken Nuggets, Chips + Peas	£6
Fish, chips + peas	£6
Cheeseburger + Fries	£6

**PLEASE ASK ABOUT OUR DESSERT SELECTION
+ TAKEAWAY DRINKS!**

How It Works

Ring us with your order on 01931 715500 from **3pm** and **11am Sunday**.
Select a collection time. We will limit to 5 minute time slots to make sure we comply
with advice. Please turn up to collect your order at the agreed time.

Please pay for your order over the phone with a debit/credit card or pay cash when
you collect

We thank you for your custom AGAIN and we very much look forward to resuming
back to the normal personal service we usually offer.

♥ STAY SAFE! ♥

***After Lockdown the take away menu will also be available to eat in the pub.
Please note that the menu changes weekly.***

NEWS FROM CROSBY RAVENSWORTH C OF E SCHOOL

NEWS FROM CROSBY RAVENSWORTH C OF E SCHOOL

A few events to update you about from last month first of all....

On 6th November the children had a wonderful day outside enjoying the Autumn sunshine on our whole school forest day. Camp fires were lit and later used for cooking on; spiky mud creatures were made; spears were made; sticks carved; there was a special lunch made by Freda and at the end of the day a lot of fallen leaves were raked up! There are lots of photos on our website under 'Latest News' please take a look at how much fun the children had.

Then on 11th, the children took part in an act of Remembrance at the War Memorial outside Church led by Stewart.

There was another outdoors day on 13th with the whole school participating in an 'Art Day', part of our working towards an Artsmark Award for school. The event was entitled "Picturing the Westmorland Dales". Two artists were on hand to work with the children throughout the day helping them to create individual and group art works, connected to our environment. The children worked together to produce an amazing picture of a red squirrel made using leaves, sticks and stones. There's a photo on the school's facebook page. Well done children.

It was also Children in Need Day and whilst we couldn't cover Pudsey in coins like we usually do, the children still came in spotty themed non uniform.

Now looking ahead to Christmas.....and the show will go on. The children have been given their roles and lines and are busy rehearsing for this year's school play 'Holy Joe'. Whilst there cannot be the usual live performance in the village hall this year, due to Covid 19 restrictions, the performance will be recorded and on sale for people to buy (at cost price).

The children will be having their Christmas dinner and party on 16th December but sadly this year it can't be a community event. On the following day, courtesy of the school's Friends funds, we have exclusive hire of a local cinema where the children will enjoy a special screening of a blockbuster Christmas movie.

And what's that about a **CHRISTMAS CAKE?**

This year, our fundraising efforts have been greatly curtailed by Covid. Monies raised, help to fund our childrens' extra curricular activities, such as the planned cinema trip, and enhance their school experience.

For those of you who have been to our Christmas productions other years, you will remember that there is always a **'well fed' homemade Christmas Cake** raffled off. We are pleased to say that Sarah has still made one this year to raise funds for school and we would ask everyone to support us by paying £1 for the chance to win what past winners have described to be a truly amazing cake!

Sarah has placed a box in each of the CR and MM shelters marked 'Win a Christmas Cake' and alongside it there are some small packet brown envelopes. If you write your name and phone number on the front of the envelope and place your £1 inside, then post it in to the box, they will be collected and the winner drawn and announced on 20th December. (OR If you would rather, just use an envelope you have at home and pop it in the box). Good Luck to those who enter and thank you for your support.

AND DON'T FORGET....whilst unfortunately our 'pop in and play' sessions have had to be postponed due to COVID if you have, or know of someone who has a child interested in joining our school, then please contact us on 01931 715265 to arrange a special COVID safe visit.

WE WISH YOU A MERRY CHRISTMAS.

Caption Competition

Readers are invited to come up with a caption for the following photo.

Please email to nick thomas (nickthomas@macace.net)

The best, worst and middling entries will be published next month.

2 entries last month:

“last one over the bridge is a sissy”- Gordon Welch

“We are in a bubble, are EWE”- Sarah Rogers

I’m expecting more this month!



Thanks to Vicky Welch for the suggestion and photo.

Monthly Weather Summary - October

October was a poor month that was frequently on the cool side, was lacking in sunshine and was wet at both ends, especially the final third of the month when rainfall totals soon began to mount up.

With 21 days failing to attain the seasonal average temperature and rain recorded on 28 days, it will be a month soon forgotten.

Pressure was low during the first part of the month, bringing a very wet day on the 3rd, pressure rose through the middle part of the month when it became drier, although still overcast.

From the 21st through to the end of the month pressure was permanently low with a succession of rain bearing fronts bringing some quite wet days.

The rain coupled with permanently overcast skies and temperatures stuck just above 10°C made for a fairly grim and prolonged, end to the month.

Both the mean maximum and minimum temperatures were heavily suppressed, the mean maximum slightly more so, but only the one air frost was recorded (2nd) during the month, the overcast skies tending to prevent the night-time minima dropping too low.

By the end of the month we had also notched up another notable fete - that is with two months of the year still to go we have already exceeded the average annual rainfall of 1232 mm by 40 mm!

MSLP of 1005.3 Mb was -5.6 MB below the local average for the month and overall a mean minimum of 5.16°C and a mean maximum of 12.11°C saw the temperature 0.91°C below the eleven year average for this site.

It was the warmest since 2018 and of the twelve now recorded, nine have been warmer and two have been colder - the highest maximum temperature recorded being 15.6°C (4th), the lowest minimum -0.6°C (2nd).

Rainfall of 170.5 mm (Maulds Meaburn North 163.7 mm -- Castlehowe Scar 219.8 mm) was 148.4% of average for 2007-19 and made it the wettest October since 2014.

Of the fourteen now recorded, three have been wetter and ten have been drier.

During the month the following was recorded:

Ground frost on seven days - Days with Hail - two (25th and 28th).

The wind speed averaged 6.42 mph, with a maximum gust of 56 mph (31st).

With 36.4 mm the 3rd was the month's wettest day.

Darren Rogers

A coast to coast? From California to Cumbria!! Part IV

And so that's how we came to be sitting in the departure lounge at Manchester airport....AGAIN!

We had said our farewells to the Dreamers in San Francisco airport in late September of 2010 with the hope of reuniting with them in New Zealand sometime in the future, but we didn't know for certain if it would actually happen.

The months drifted by, emails were exchanged by the dozen, photographs of the time we had spent together in California went back and forth over the ocean. A year went by, then two, but no real plans had been made for our hoped for second Dream Tour; no one really seemed to want to start planning for the dream to become a reality. Jane who was the organiser amongst them took the bull by the horns and asked the very necessary question, "who's in, who's out?"

Well that caused all sorts of confusion, mainly because getting a group of friends to agree on a time and place in the future is difficult enough but when half of those people don't even know where they might be working in three months' time, let alone a year and a half, it throws up all sorts of problems.

The fundamentals were ironed out pretty quickly such as the time of year; that was relatively easy to agree as we all appeared to want some warmth in the middle of our winters for some strange reason (!) so January, February it was.

Then where to start? North or South Island, did we want to see both, could we afford to see both, how long would we need to see both? Gosh, it's a long way to fly and not to see both, but however could we manipulate all our work commitments, flights, car rental, accommodation, luggage and FOOD?! Jane had the thumbs up from everybody but we all had a "but" in our agreement of the trip and it's length; we all felt that anything less than four weeks to see as much as was physically possible to wouldn't be worth the effort of the long, oh ever so long flights. The hardened walkers amongst them wanted to attempt the Milford Track on South Island but that needed booking at least a year in advance and the deadline for that was fast approaching.

The end of January through to early March was the height of their tourist season when nearly all of China emptied to sample the sheer delights of this magical, Southern Hemisphere country and that guaranteed less choice for cars, accommodation and upped the costs too. Decision time fourteen months prior to

flying to New Zealand and we had to commit to the trip or drop out; sadly for us, Mo had family complications and had to choose a trip to Rome with daughter and granddaughter rather than to meet up with us all in NZ. Wendy also had some personal issues with work load and husband! Then Jane's husband, Tom, dangled the juicy carrot that swung the balance for her when he offered her his place on the Milford Track adventure - she never knew he had given up his place for her, probably still doesn't, so don't tell her will you?! So one out, one in, Bev was a definite too and booked on the Milford Track along with Jane, and somehow Krista, the surgeon who lectured all over the northern hemisphere had been persuaded to take a whole four weeks holiday in one chunk. So, four for the Track which took around four days to complete, and that left three of us, Tom, Gordon and I to plan a five day mini break which we did cycling in the south west of the island around Otago on a disused rail track bed. What's not to like?

But then there was the problem of booking flights to coincide with accommodation; another husband, Lee, was unable to join the party until after the walk so that took us into the second week before we were to see him and another logistical challenge over where we could all meet up with him.

After many flights provisionally booked, cars reserved, dates checked, then rearranged, we all somehow managed to coordinate our arrivals within 24 hours of each other and more importantly on the same island, at the same airport!!

So, our very accommodating neighbours Joe and Mary, the very same ones who had collected us from Robin Hoods' Bay at the end of our Coast to Coast sojourn where we had first met with the Californians in 2008, took us to Penrith station to begin yet another adventure, sitting in the departure lounge of Manchester airport!

Vicky Welch

Christmas Tea Break Quiz

- 1.) In the film *"The Muppet Christmas Carol,"* (1992) who played Scrooge?
- 2.) What is the name of the skin that hangs from a turkey's neck?
- 3.) What dish was served by Mrs. Cratchit in a *'Christmas Carol'*?
- 4.) How many days are there between Christmas and Epiphany?
- 5.) In the song *'I saw Mommy kissing Santa Claus'*, where did Mommy tickle Santa Claus?
- 6.) All of the following have been the UK number one Christmas single, name the year and the artist/group who sang it:
 - (i) Green, green grass of home
 - (ii) When a child is born
 - (iii) Save your love
 - (iv) Goodbye
 - (v) Mad World
- 7.) After leaving Bethlehem to which country did Joseph, Mary and Jesus travel?
- 8.) In 1752 Britain abandoned the Julian calendar in favour of the Gregorian, prior to this, when was Christmas Day?
- 9.) Year 7 maths - The snow outside Santa's front door is 40cm deep and, as it's getting colder, it's getting 50% deeper every day. How deep will it be in 3 days' time?

Answers on page 31



Lyvennet Tea Club

For anyone who uses or wants to use loose leaf tea, the **'Lyvennet Tea Club'** will be of interest. Whilst Covid has put pay to any *'get together tastings'*, the tea itself is still in stock and available. The teas themselves are amongst the finest available and the range is now somewhat wide and varied – and the prices are very heavily discounted (aka *'Cheap'*) being basically trade price plus a very little.

There is no apology for only having the best available in stock and you will not find this quality or range elsewhere in Cumbria without going on-line.

The 'menu' and prices (per 100g) are below – you know it makes sense.

INDIA

Assam (second Flush – TGFOP)	£1.50
Halmari (second flush - GTFOP1 (rare and special))	£4.00
Nilgiri (SFTGFOP1)	£1.30

CEYLON

Dimbula – OP1	£1.80
Kandy – OP1	£1.80
Uva – OP1	£1.80
Nuwara Eliya – OP1	£1.80
New Vithanakande	£3.00

CHINA

Keemun Peony	£2.00
Yunnan Golden Tip	£3.80
Da Hong Pao (Big Red Robe) (Oolong)	£9.20
Lapsang Souchong (Tiger)	£3.00

DARJEELING

2019 First Flush – Rohini Spring Delight (Ex 21)	£10.20
2020 First Flush – Gielle (DJ04)	£7.50
2020 First Flush – Teesta Valley (DJ05)	£8.00
2019 2nd Flush – Oaks	£4.50

GREEN TEA

Gunpowder Pinhead (China)	£2.40
White Monkey (China)	£3.00

OTHERS

Earl Grey (with Cornflower)	£1.70
Lyvennet Breakfast Blend (Assam / Ceylon)	£1.50

Darren Rogers - 01931 715575 darrog@btinternet.com

Crosby Ravensworth Parish Council

Draft minutes of meeting held on November 2nd 2020

Present:

Councillors: Cllr D Graham, Cllr. J Raine, Cllr D Hewitt, Cllr V Holroyd, Cllr R McIvor, Mr C Barnes (Clerk).

Apologies:

Cllr A Beatham, Cllr N Hughes (CCC) No members of the public attending.

Public Participation.

Issues had been raised with councillors as follows:

1. The issue of the continuing leak in the BT installation in the road at Haberwain was raised. Chairman to speak to John Banks CCC.
2. The condition of the Crosby Ravensworth Play Area fence was noted to continue to require repair. The clerk would raise this with Gwyn Timpson EDC.
3. It was requested that Sand/Sandbags for flooding defence be stored behind the Maulds Meaburn shelter rather than at the side. Eden District Council would deliver new supplies of sand/sandbags to be stored at Mid-Town Farm which would be used to replenish last year's supplies in line with the emergency plan.
4. The Covid 19 support group which had been stood down would be re-established for the 2nd Lockdown.

The Chairman was authorised to sign the minutes of the previous meeting held on the 7th September 2020 as a true record.

Co-option. An individual had expressed interest in being co-opted to the council following the vacancy left by the resignation of Jonathan Taylor. It was anticipated that the council would be free to make an appointment after the 4th November when the Notice of Vacancy had expired.

The Reagill Shelter. Cllr Raine had given it an inside tidy, Ivy Growth needed to be removed. DG to progress. Painting of gutters to be carried out next Summer.

External Auditor. The external auditor's report was received and noted, there were no advisories and no action was required. The publication of the notice of conclusion of audit was noted. Both were published on the website.

Internal Auditor. The auditor's interim (6-month report was noted). The transfer of funds (£1,000) received in error and subsequently paid to the Maulds Meaburn Recreation Ground Trust was noted.

Budget Briefing. The clerk spoke to a budget briefing circulated with the agenda. A worksheet showing draft budget workings was shared online. The council was projecting an increased surplus arising from reduced expenditure. The council approved 'in principle' the establishment of an 'Assets Reserve' into which this surplus could be in part deposited to eventually replace the 'Police House Reserve'. This would allow the council to use these restricted reserves across all its assets which it was anticipated would include Holly Cottage. This would come to a meeting of the council before the year end for a resolution. It was not anticipated that any increase in the precept would be necessary. Detailed proposals for the 2021 budget would be brought to the council's January meeting for approval after further work had been completed on the costs/forecasts. The clerk would circulate the worksheet to councillors for their reference. The clerk would contact organisations who had previously received a grant and publicise the availability of the remaining grant funds in the 2019 2020 year in the Link and by notice in the village shelters.

Date of next meeting 7 December 2020

Laura Greenwheat Flowers

Brighten up your home with a lovely Xmas wreath to go on your door from £25

Grave Wreaths from &16.50 for a plain holly

Kit wreaths to make your own from £20

Or lovely fresh cut flowers for inside.

Orders by mid December.

Tel number 01768-744240

Mobile 07977594140

Check out the website Laura Greenwheat & Instagram

Lyvennet Cookbook

GLUTEN FREE COCONUT AND ALMOND COOKIES

It is an undesirable feature of many Gluten-free baked products that they leave a dry taste in the mouth, missing the moisture which Gluten imparts. Coconut brings moisture to the palate.

INGREDIENTS: 2 EGGS
 100 G CASTER SUGAR
 100G FLAKED ALMONDS
 160 G DESSICATED

COCONUT

METHOD Heat oven to Gas mark 4/ 180°C

Lightly grease baking tray

Separate eggs, but yolks aside

Mix egg whites, sugar, coconut and almonds in a bowl with a spoon until well combined, then pour onto worktop

Shape into rectangles, and press down to about 1 cm thick

Use a biscuit cutter or cup to make into shapes, place on baking tray

Bake in oven for 12 – 15 min, cool on a wire rack.

Skye Marsh aged 10

Vanilla Ice Cream

Delicious with sticky toffee pudding, Christmas pudding, warm mince pies or fruit.

4 eggs separated

4oz icing sugar

1 tsp vanilla extract

1/2 pint double cream

- beat egg whites until gently stiff,
- beat in icing sugar 1 tblsp at a time,
- beat in egg yolks one at a time with vanilla essence
- in a separate bowl beat cream until soft
- fold egg mixture and cream together
- freeze in lidded container - makes 2 pints of ice cream
- Enjoy! Alison Fallon mm

Butternut Squash and Sweet Potato Soup (V)

Serves 6

Ingredients

½ Butternut squash – peeled and cut into chunks

1 large or 2 small sweet potatoes – peeled and cut into chunks

1 large onion – peeled and chopped

25g butter

1.5l vegetable stock (made with stock cubes)

Salt and pepper to taste

Variations

- 1. Add ¼ tsp chilli flakes and ½ tsp ground cumin to make a spicy version**
- 2. Substitute 500ml stock for tin chopped tomatoes**
- 3. Add a swirl of double cream to finish**
- 4. Scatter with either crispy bacon bits or parmesan wafers to finish**

Method

Melt the butter in a heavy based pan. Add the butternut squash, sweet potato and onion and sweat on a low heat until tender. Add stock and simmer for 5 mins to develop flavours. Blend until silky smooth. Season to taste.

Debbie McCall (Crosby Ravensworth)

Cold Curried Turkey or Chicken – serves 4

Left-over turkey or chicken, preferably dark meat

1 tablespoon olive oil

1 onion finely chopped

1 heaped tablespoon curry powder

¼ pint fresh chicken or turkey stock

1 heaped teaspoon tomato purée

Juice of ½ lemon

2 heaped tablespoons sweet chutney

½ pint mayonnaise

Fry onion gently in oil for about 5 minutes. Add curry powder and fry until aromatic. Add all other ingredients except mayo, and bring to the boil. Simmer for 10 minutes. Allow to cool and then blitz or force through a sieve. Add mayo and mix well. Stir in cold left-over turkey or chicken.

Linda Bainbridge CR

Zabaglione.

Ideal dessert for a kitchen supper where people are happy to keep talking and drinking and waiting whilst you sweat away over the stove.

Take eggs from Midtown Farm, separate the yolks and add them to a mixing bowl that can fit in a saucepan of simmering water. Add Caster sugar to the yolks and whisk. Electric whisks spoil the conversation, and hand whisking is slower but works well eventually.

When you have a thick mixture of eggs and sugar, warm the mixing bowl over the simmering water, and carry on with the whisking. When the mixture is warm, slowly add your Marsala until you cannot add any more to the mixture. Avoid the mix getting too hot or it turns to scrambled egg.

Meanwhile, for each participant warm up a small cup, or ramekin, and when the mixture is warm and full of Marsala, pour into the cup. Eat immediately.

Ingredients

1 or 1.5 egg yolks per head

1 heaped teaspoon of caster sugar per head

A bottle of Marsala - not per head but 75 – 100ml should be enough for 6.

Alasdair Darroch. Jenny Well Hall.CR

The Maulds Meaburn Apple

During a survey of fruit trees in the area many years ago, Hilary Wilson came across an unknown apple tree growing in the garden of Forge Cottage in Maulds Meaburn. It was grafted and the graft was planted at Acornbank where it has matured to produce a very large dessert apple. Although a further graft was planted at Lowther Castle the species remained unknown, just being known as the 'Maulds Meaburn'.

In December last year the tree group were offered a graft of this tree and it has been planted on the green.

Subsequently it has been DNA tested and it doesn't match any other species on the Register of Cultivars so this autumn I applied to have the tree registered with the name 'Maulds Meaburn'.

Last week the species was accredited so we now have our own species of apple in Maulds Meaburn!

I plan to graft some further trees this winter so if anyone is interested in having one please let me know.

Below is the application for accreditation.

Drew Woodward

Registration Request

Section 1 - About the proposal			
Proposed variety name	Maulds Meaburn		Apple <input checked="" type="checkbox"/> Pear <input type="checkbox"/>
DNA Scheme Sample number(s) (if none, attach DNA fingerprint)	A3450	Other reference IDs (e.g. NFC Accession No.)	SLOG 68
Registration reason (check one)			
1. Known seedling	2. No local name	3. Single local name	4. Conflicting local names
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Thought to be a mutation	6. Add synonym or rename	7. Previously lost variety	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Brief overview (max 12 words)	Attractive red flushed apple found growing at Forge Cottage, Maulds Meaburn.		
Known synonyms, if any			
Literature references, if any			
Section 2 - About the reference tree			
Tree site name / grid ref	Acorn Bank Garden / NY 617 282	Tree row/number or GPS	T6.3
Provenance / origin if known	Grafted from the old tree at Forge Cottage, Maulds Meaburn, Penrith, Cumbria		
Exists as more than one tree	Part of a curated collection	Scion wood available on request	Tree making growth / not in terminal state
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Fruit images available	<input checked="" type="checkbox"/>		
Section 3 - About the fruit			
Usage	Dessert Apple		
Size	Large, to 100mm diameter		
Shape	Round		
Skin	Smooth, greasy		
Basin and eye	Puckered		
Cavity and stalk	Short (15mm) stalk, 2mm diameter, puckered cavity		
Flesh, texture and taste	Coarse texture, light cream colour, juicy, sweet taste		
Season (picking and storage)	Pick late September/October (Cumbria)		
Other e.g. vigour, resistance, etc.			
Section 4 - About the Proposer			
Proposer organisation / group	NCOG	DNA User Group Member	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>
Proposer name (optional)	Drew Woodward	Date of submission	09/10/2020
Section 5 - Optional continuation (further background details including images, or submit these as a separate document)			
Photos of fruit below as well as the original tree aged 100 years +			

Red Squirrels

September through to mid November has been a quieter period, but with a lot of reds being seen. Along with reported sightings of greys having declined markedly, the picture at present is looking fairly positive.

Any sightings of greys have been of a single grey and then with no subsequent sightings.

Whilst all sightings are reported to Gary, the chances of dispatching these is really quite remote – but reporting all sighting is still important.

As for the **REDS** the picture is looking good.

Whilst reports of sightings fell off a cliff edge during October (!), the feeders that I 'manage' continue to have reds visiting on a daily basis – and they can get through some food!

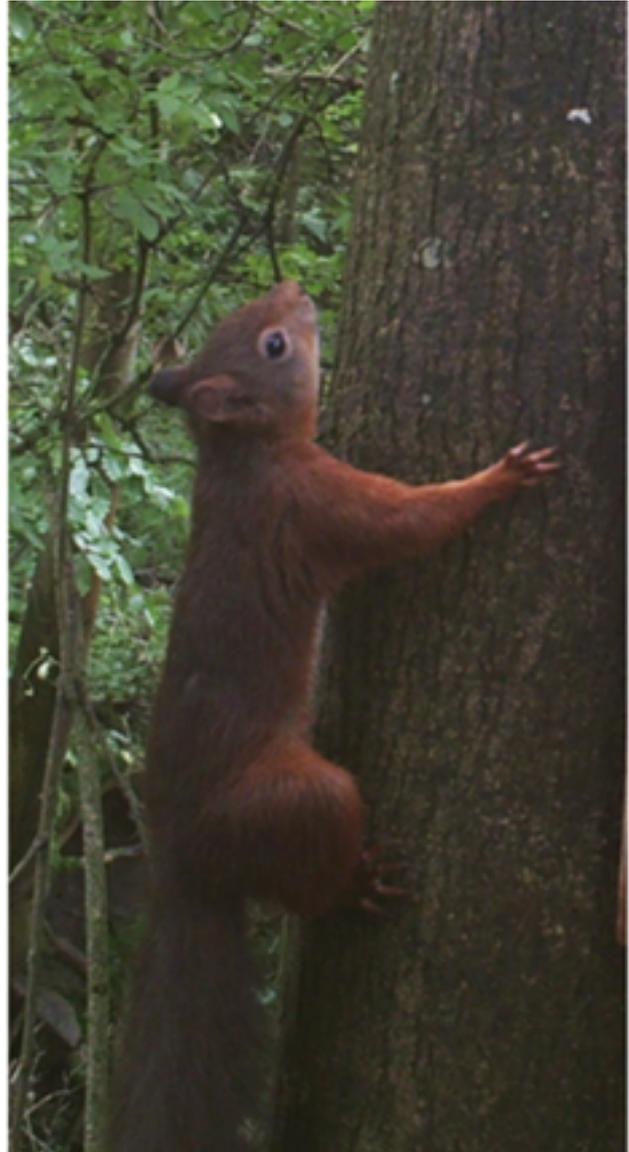
The four additional feeders that have been erected in 'viewable locations' have proved successful.

These are:

Maulds Meaburn - One near to the tunnel at Flass and one in Lyvennet Bank looking out over the green.

Crosby Ravensworth –

Both are along the river, one on the opposite side of the river at the rear of Stoneworks (Bank Coppice) and the other in the copse of trees near to Gilts.



The former is always empty when I visit, the latter is not quite so prolific, but still gets visited. It would be quite useful if there was someone in Crosby Ravensworth who could look after these two feeders for me – just get in touch.

There is also a feeder behind 'the Shed' next to the river (just up from the Bank Coppice), which has always been empty whenever I've passed by, so I put a few nuts in occasionally and these have also been taken.

The other main bit of news is that at present we do not have access to a number of woods until next year due to the pheasant season.

Once we can get back in it will be more than interesting to see, if like this year, any greys have set up home – being able to deal with them earlier in the year will be very beneficial. If you see any greys ring Gary (07974 788 434) straight away – but could you also drop me an e-mail as well please.

In that e-mail can you please confirm that you have notified Gary

REPORT SIGHTINGS – as you know I am now doing our little report bi-monthly report and it is only as good as the reports/photo's/sightings that you send me.

Photos are always very welcome

I'll take them from anywhere in our catchment, but some more from MORLAND, REAGILL, KINGS MEABURN, BOLTON, NEWBY, SLEAGILL would be great.

If you are not on my distribution list ... why?

E-mail me at darrog@btinternet.com and I will add you on

THEFT AND DEATH

Unfortunately during November a dead red was found on the lawn in Lyvennet Bank and at the same time I discovered that the motion wildlife camera sited about 6 yards away was also missing ... stolen.

Whilst I think (hope) that the two are not connected, there being no obvious cause of death to the red, the theft of the camera will have an impact on P&DRSG funds and my ability to monitor for any greys, etc





Thwaites Cottages in Maulds Meaburn – photo by Pete Button

Top photo: Nr Trainlands - Darren Rogers Middle photo: Well Head – Andrew Wallis

A Blue Tit on my lamp - Kitty Smith



Tea Break Quiz

Answers:

- 1.) Michael Caine
- 2.) Wattle
- 3.) Figgy Pudding
- 4.) 12
- 5.) Underneath his beard so snowy white
- 6.) (i) Tom Jones 1966 (ii) Johnny Mathis 1976 (iii) Renee and Renato 1982 (iv) Spice Girls 1998
(v) Michael Andrews and Gary Jules 2003
- 7.) Egypt
- 8.) 6th January – we ‘lost’ eleven days and that is why some people still call the 6th January, ‘*Old Christmas Day*’.
- 9.) 135cm - 50% deeper today is another 20cm, so 60cm in total tomorrow. 50% deeper than that is another 30cm, so 90cm total in two days. 50% deeper than that is another 45cm, so 135cm in total.

A selection of photos by David Nattrass

Same again, David Nattrass



